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# Traversable wormholes

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### Overview

#### "Traversable wormhole via a double trace deformation" [Gao, Jafferis and Wall, 1608.05687]

## "Diving into traversable wormholes" [Maldacena, Stanford and Yang, 1704.05333]

#### Work in progress [with Elena Caceres and Minglei Xiao]

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## Traversable wormholes

**Wormhole:** A "throat" connecting two universes or a shortcut connecting two distant places in the same universe



**Traversable wormholes:** Usually require addition of exotic matter, which violates energy conditions.

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# Ruling out traversable wormholes

Impose constraints on stress-tensor  $T_{\mu\nu}$  in order to render reasonable physical theories

Average Null Energy Condition (ANEC)

 $\int_{-\infty}^{\infty} T_{\mu\nu} k^{\mu} k^{\nu} d\lambda > 0, \quad \forall \text{ null geodesic}$ 

 $k^{\mu}$  null vector,  $\lambda$  affine parameter

- ANEC in GR  $\Rightarrow$  ensures gravity is an attractive force
- At quantum level ANEC can be violated
- For all traversable wormholes: ⇒ necessary violation of ANEC [Morris, Thorne, Yurtsever '88]

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# Framework: Embedded in AdS/CFT

BTZ black hole [Banados, Teitelboim, Zanelli '92]

$$ds^{2} = -\frac{r^{2} - r_{h}^{2}}{\ell^{2}}dt^{2} + \frac{\ell^{2}}{r^{2} - r_{h}^{2}}dr^{2} + r^{2}d\phi^{2}, \quad \phi \sim \phi + 2\pi$$

Kruskal coordinates:  $e^{2r_ht} = -\frac{U}{V}, \quad \frac{r}{r_h} = \frac{1-UV}{1+UV}$ 



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## Constructing a traversable wormhole

#### Steps

• Add a scalar field  $\varphi$  dual to an operator  ${\mathcal O}$ 

$$T_{\mu\nu} = \partial_{\mu}\varphi\partial_{\nu}\varphi - \frac{1}{2}g_{\mu\nu}g^{\rho\sigma}\partial_{\rho}\varphi\partial_{\sigma}\varphi - \frac{1}{2}g_{\mu\nu}M^{2}\varphi^{2}$$

• Add coupling between left and right sides

$$\delta H(t) = -\int d\phi h(t,\phi) \mathcal{O}_R(t,\phi) \mathcal{O}_L(-t,\phi), \quad h(t,\phi) = \begin{cases} h\left(\frac{2\pi}{\beta}\right)^{2-2\Delta}, t \ge t_0\\ 0, \quad t < t_0 \end{cases}$$

- Evaluate leading order contribution of the interaction to the integral of the  $T_{UU} \ {\rm component}$
- Choose appropriate sign of the coupling in order to the integral be negative and wormhole become traversable

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# Constructing a traversable wormhole

## Evaluation of $\int dU T_{UU}$

- Consider correlation function  $\langle \varphi_B^H(t,r,\phi)\varphi_B^H(t',r',\phi')\rangle$
- First order contribution in h

$$G_h = i \int_{t_0}^t dt_1 h(t_1) K_{\Delta}(t' + t_1 - i\beta/2) [K_{\Delta}(t - t_1 - i\epsilon) - K_{\Delta}(t - t_1 + i\epsilon)] + (t \leftrightarrow t')$$

٠ bulk-to-boundary propagator

$$K_{\Delta}(r,t,\phi;0,0) = \frac{r_h^{\Delta}}{2^{\Delta+1}\pi} \left( -\frac{(r^2 - r_h^2)^{1/2}}{r_h} \cosh r_h t + \frac{r}{r_h} \cosh r_h \phi \right)^{-\Delta}$$

• T<sub>UU</sub> component of stress tensor obtained by point splitting

$$T_{UU} = \lim_{U' \to U} \partial_U \partial_{U'} G_h$$

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## Constructing a traversable wormhole

Integration of  $T_{UU}$  is negative with appropriate choice of sign of the coupling h.





Linearized Einstein equation

$$V(U) \sim \int dU T_{UU}$$

Negative null energy  $\Rightarrow$  Traversability

$$\Delta V \sim \frac{h G_N}{R^{D-2}}$$

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# Maldacena, Stanford and Yang

Dilaton gravity in 2D. Jackiw-Teiteboim theory

$$I_{JT} = \frac{1}{16\pi G_N} \left[ \int d^2 x \Phi \sqrt{g} (R+2) + 2 \int_{bdy} \Phi_b K \right]$$

- Equation of motion for  $\Phi$ :  $R + 2 = 0 \Rightarrow$  Rigid  $AdS_2$  geometry
- Dynamics is encoded in the boundary



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# Maldacena, Stanford and Yang

$$e^{i\tilde{g}V} = e^{i\tilde{g}\mathcal{O}_L(0)\mathcal{O}_R(0)}.$$

- Boundary trajectories interpreted as moving charged particles [Kitaev '16]
- Interaction is an attractive force for g>0



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# Work in progress

- How much can we open the wormhole?
  - Traversability in different geometries
  - Study dependence on charge and angular momentum

#### Rotating BTZ

Metric:

$$ds^{2} = -f^{2}(r)dt^{2} + \frac{dr^{2}}{f(r)} + r^{2}\left[N^{\phi}(r)dt + d\phi\right]^{2},$$
  
$$f^{2}(r) = -M + \left(\frac{r}{\ell}\right)^{2} + \frac{J^{2}}{4r^{2}}, \quad N^{\phi}(r) = \frac{J}{2}\frac{r^{2} - r^{2}_{+}}{r^{2}r^{2}_{+}}.$$

$$r_{\pm} = \ell \sqrt{\frac{M}{2} \left(1 \pm \sqrt{1 - \left(\frac{J}{M\ell}\right)^2}\right)},$$

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#### Extremal limit

 Spectrum of SYK obtained from 3D near horizon extremal black holes [Das, Jevicki, Suzuki '17]

$$ds^{2} = \frac{1}{z^{2}}(-dt^{2} + dz^{2}) + \left(1 + \frac{a}{z}\right)^{2} dy^{2}$$

• Extremal limit of BTZ:  $r_+ \to r_- \Rightarrow$  Possible connection to SYK model

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#### Deformations of $AdS_2$

• Include a  $\Phi^2$  potential

$$I = \frac{1}{16\pi G_N} \left[ \int d^2x \sqrt{g} \left[ \Phi(R+2) + \alpha \Phi^2 \right] + 2 \int_{bdy} \Phi_b K \right]$$

- $\alpha \sim 1/N$
- Geometry will be no longer AdS<sub>2</sub>
- Connection with non-local term that appear in SYK model [Josephine Suh, Kitaev]

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- Adding a coupling between the two copies of the thermofield double yields the wormhole traversable
- Consistent with energy conditions
- Information passing through the wormhole
- Explore traversability in different scenarios. E.g.: rotating BTZ, deformations of  $AdS_2$

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